
List of Pore Clogging Ingredients

The pore clogging list developed by Dr. James Fulton scores ingredients on a scale of 0-5 for their comedogenicity and acne aggravation based on skin testing. A (0) represents no increase in visible hyperkeratosis (the start of acne) and a (3) through (5) showing a significant development of acne comedones. We have included ingredients that score a (3) through a (5) on our list.

Ingredient

Acetylated Lanolin 4
Acetylated Lanolin Alcohol 4
Algae Extract 5
Algin (Alginic acid; potassium alginate; sodium alginate) 4
Almond Oil 3
Apricot Kernel Oil 3
Argan Oil / Moroccan Oil 3
Butyl Stearate 3
Carrageenan 5
Cetyl Acetate 4
Cetyl Alcohol 3
Cetearyl Alcohol + Ceteareth 20 4
Cocoa Butter 4
Coconut Oil, Butter, Cream 4
Colloidal Sulfur 3
Cotton Seed Oil 3
D&C Red #17 3
D&C Red #21 3
D&C Red # 3 3
D&C Red #30 3
D&C Red #36 3
Decyl Oleate 3
Dioctyl Succinate 3
Disodium Monooleamido PEG 2
Sulfosuccinate 4
Ethoxylated Lanolin 3
Ethylhexyl Palmitate 4
Glyceryl Stearate SE 3
Glyceryl-3 Diisostearate 4
Hexadecyl Alcohol 5
Hydrogenated Vegetable Oil 3
Isocetyl Alcohol 4
Isocetyl Stearate 5
Isodecyl Oleate 4
Isopropyl Isostearate 5
Isopropyl Lanolate 4
Isopropyl Myristate 5
Isopropyl Palmitate 4

Ingredient

Isostearyl Isostearate 4
Isostearyl Neopentanoate 3
Laureth 23 3
Laureth 4 5
Lauric Acid 4
Mink Oil 3
Myristic Acid 3
Myristyl Lactate 4
Myristyl Myristate 5
Octyl Palmitate 4
Octyl Stearate 5
Oleth-3 5
Oleyl Alcohol 4
Olive Oil 3
PEG 75 Lanolin 3
PEG 200 Dilaurate 3
PEG 8 Stearate 3
PG Monostearate 3
Plankton 3
Polyglyceryl-3-Diisostearate 4
Potassium Chloride 5
Propylene Glycol Monostearate 4
Red Algae 5
Shark Liver Oil 3
Sodium Chloride 5
Sodium Laureth Sulfate 3
Sodium Lauryl Sulfate 5
Solulan 16 4
Sorbitan Oleate 3
Soybean Oil 3
Steareth 10 4
Stearic Acid TEA 3
Stearyl Heptanoate 4
Sulfated Castor Oil 3
Tocopherol / Vitamin E 3
Wheat Germ Oil 5
Xylene 4

